

S.Y.P are working with other agencies to get young people back into education or training. Look out for details.

Useful contact numbers for advice or assistance

**Camden Integrated Youth Support Services**

Tel: 020-7974 7253

**Connexions (Direct Helpline)**

Tel: 0808 001 3219

**FWD Drug and Alcohol Services for Young People in Camden**

Tel: 0207 974 4701

Email: [ypmst@camden.gov.uk](mailto:ypmst@camden.gov.uk)

**NSPCC** Tel: 0808 800 5000

**Childline** Tel: 0800 1111

**Kidscape (Bullying)** Tel: 020 7730 3300

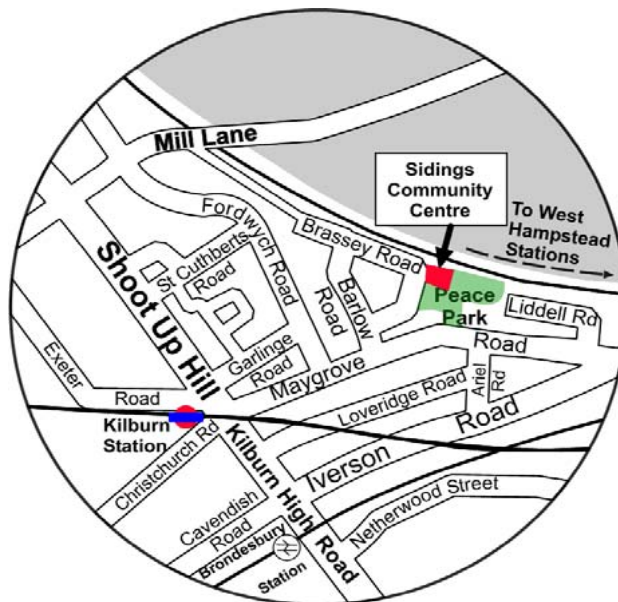
**The Brandon Centre– Counselling and Psychotherapy for young people**

Tel: 020 7267 4792

Email: [reception@brandon-centre.org.uk](mailto:reception@brandon-centre.org.uk)



For more Information call the Sidings Community Centre and ask for James Ingram or any S.Y.P youth staff team member or check out the website, [www.sidings.org.uk](http://www.sidings.org.uk) and click on youth.



**Contact Information**

Sidings Community Centre  
150 Brassey Rd  
Kilburn  
NW6 2BA

Tel: 0207 625 6260

Email: [youth@sidings.org.uk](mailto:youth@sidings.org.uk)

Facebook page: [SIDINGS-YOUTH-CLUB-SYP](https://www.facebook.com/SIDINGS-YOUTH-CLUB-SYP)

# Sidings Youth Project



*Helping youth today,  
for a brighter tomorrow*

## S.Y.P Spring Term January - March 2012

The Sidings Youth project works with young people aged 11-19yrs offering youth orientated activities, advice, support, information and guidance.

Monday and Wednesday evening  
from 7:00pm to 9:30 pm and  
Tuesdays 4pm to 7pm.

Tuesday nights are structured Transitions workshops and not open sessions.

Subs are 50p per session and a registration form must be completed.

# Sidings Youth Project Spring Program

January

Monday 16th	Youth Planning Meeting/ Basketball/ C Card Registration Session/ Generic Activities/ Dodgeball (6:30)
Wednesday 18th	Cook, Train, Eat Fitness and Nutrition Project/ Football/ Generic Activities
Monday 23rd	Basketball/ C-Card Registration/ Dodgeball (6:30)/ Generic Activities
Wednesday 25th	Sexual Health and STI Testing Session/ Cook, Train, Eat Fitness and Nutrition Project/ Football/ Generic Activities
Monday 30th	Basketball/ C-Card Registration/ Dodgeball (6:30)

February

Monday 6th	Young Women's Fitness Session/ Basketball/ C-Card Registration Session
Wednesday 8th	Young Women's Health and Lifestyle Session/ Cook, Train, Eat Fitness and Nutrition Project/ Football Match with the Winch/ Generic Activities

Half-Term

Monday 13th	Powerboat Driving Course (Level 1) 6 Spaces @ Westminster Boating Base
Tuesday 14th	Baseball, Mini-Golf and Driving Range Session @ Play Golf, Northwick Park (Transitions)
Wednesday 15th	North Area Partnership Activities

For further information please check our website, search for us on Facebook under SIDINGS YOUTH CLUB SYP or ask a member of staff.

For more information about what we are doing and other providers in the area go to [www.cmdn.co.uk](http://www.cmdn.co.uk)

# What do we do?

Some of the activities we have provided in the past and recently in the previous terms, are Paintballing, Graffiti art, Dodge ball and Film Making etc...



Come Dine With Me.  
(Cooking Sessions)



Dodge Ball



Go Ape  
(High Ropes Challenge)



Paintballing



E = MC2  
Project



Graffiti Art

Funded in partnership with Sidings Community Centre and Camden Integrated Youth Support Services